

THE CAMELFORDIAN

A vibrant sunset over a field of red poppies. The sun is low on the horizon, casting a warm, golden glow across the sky and the field. The sky is filled with dramatic, dark clouds that are illuminated from below, creating a rich palette of oranges, yellows, and deep blues. The field of red poppies in the foreground is densely packed and stretches towards the horizon, where a line of dark trees is visible against the bright light of the setting sun.

NOVEMBER 2013

EDITORIAL

I spent a very enjoyable evening in Camelford Hall last week watching *Cube Theatre* who were performing. Despite the ads in our magazine and posters in town there were only about 25 in the audience. I was surprised to discover that there were several people who said they knew nothing about it! We are so lucky to have our hall, with excellent facilities, which is maintained by a small band of loyal workers.

It is vital that it is used fully and I urge you to keep an eye open for forthcoming events and try to support them. I am sure the Hall committee would be pleased to hear from you if you have any ideas for future events.

Diane Taylor

THE INQUISITIVE MIND OF A CHILD

Why are they selling poppies, Mummy?
Selling poppies in town today

The poppies, child, are flowers of love
For the men who marched away

But why have they chosen a poppy, Mummy?
Why not a beautiful rose?

Because, my child, men fought and died
In the fields where poppies grow

But why are the poppies so red, Mummy?
Why are the poppies so red?

Red is the colour of blood, my child,
The blood the soldiers shed

The heart of the poppy is black, Mummy,
Why does it have to be black?

Black, my child, is the symbol of grief
For the men who never came back

But why Mummy are you crying so?
Your tears are giving you pain

My tears are my fears for you my child
For the world is - FORGETTING AGAIN

This poem was kindly sent in by Nancy Lane



Moor Harmony Ladies' Barbershop Chorus

Invitation to our Open Evening

When Thursday 7th November at 7.30pm
Where St John's Ambulance Hall,
 (behind the cinema) Wadebridge.

**Meet the Chorus, find out where we are singing at Christmas,
 enjoy refreshments, buy a raffle ticket and hear us sing!**

Age Concern
 Camelford & District
 Cornwall
 Reg Charity No 274217
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Cherry Whitehead
 Kerensa
 Helstone
 Camelford PL32 9RL
 01840 213391
 email cwhitehead59@gmail.com

PROGRAMME SHEET FOR NOVEMBER 2013 FOR ALL RESIDENTS AND VISITORS OVER 50

DAY	Date	DESTINATION	xx	CONTACT	TEL 01840	TIME	DON	DRIVER
Sun	3	Boscastle Farm Shop	NS	Jean Stewart	212046	2.30 pm	£3.00	Graham
Mon	4	Borough Arms Bodmin	NS	Barbara Clutton	211011	10 am	£5	Graham
Tues	5	Tavistock	ST	Pat Ryan	770901	9 am	£7.50	Georgie
Thur	7	Launceston/Homeleigh	ST	Barbara Clutton	211011	9 am	£5	Michael
Mon	11	Ensleigh Garden C	ST	Pat Ryan	770901	9 am	£10	Geoff
Tues	12	Exeter	NS	Liz King	261710	9 am	£10	Brian
Thur	14	Bude/Supermarket	ST	Barbara Clutton	211011	9 am	£5	Georgie
Sun	17	Tamar Valley View	NS	Barbara Clutton	211011	10 am	£7.50	Graham
Tues **	19 ALSO	Exeter (C'ford pickups) Chinese/English lunch	NS	Pat Egan Liz and Lillian	213022 261710	9 am 12 noon	£9.50	Geoff -----
Wed	20	Tavistock	NS	Margaret Rush	779085	9 am	£7.50	Brian
Thur	21	Wadebridge/ Trelawney	ST	Lillian Marshall	251811	9 am	£5	Michael
Fri	22	Blisland Inn	NS	Peggy Molesworth	250269	9 am	£5	Deborah
Tues	26	Tavistock	NS	Liz King	261710	9 am	£7.50	Brian
Thur	28	Bodmin/Supermarkets	ST	Barbara Clutton	211011	9 am	£5	Deborah

XX - NS - no shopping **ST** - visit to supermarket and time allowed for refreshments as required
Please be aware that the Organisers may ask for a deposit when you book your seat on a trip, to avoid cancelling a trip because of a lack of passengers on the day.

Liz King is taking bookings NOW for the Age Concern Christmas Lunch at Trethorne on 10 Dec at 12 noon. Cost : £11.50 per person. To avoid disappointment please contact Liz asap

**** Lunch at Camelford Methodist Church. Cost £5 in aid of the Bus. Book your choice of meal with Liz asap on 261710. If you need transport please ring 213391.**



Care and Relief for the Young

Coffee Morning, Card and Book Sale
at Camelford Methodist Church
10 am on Friday 8 November

Local C.R.Y. Support continues to grow

This year has seen real progress in this area for C.R.Y. [Care and Relief for the Young] which currently is supporting children, young people and families in 16 countries worldwide. Local supporters are hosting a Coffee Morning and Sale at Camelford Methodist Church on Friday, November 8th from 10 a.m. until 12 noon. There will be a variety of items on sale including decoupage greetings cards, bric-a-brac, lots of books and childrens' items.

For further details of C.R.Y. and its work contact Ray Avent on 01208-816821 or 'aventray@hotmail.com'

The C.R.Y. Bears will be on parade outside!!

Camelford Methodist Church

presents

a Christmas Exhibition

of

STARS

by local organisations

Friday 29 November ~ 10 am - 5 pm

Saturday 30 November ~ 10 am - late

Sunday 1 December ~ 2 - 4 pm

Refreshments throughout

In aid of the roof appeal



ST THOMAS'S CHURCH

'REACH FOR
THE STARS'
At
ST THOMAS'S
CHURCH



From
Friday 29th November
until
Sunday 1 December
Refreshments
available



CAMELFORD FLORAL SOCIETY

2 OCTOBER MEETING

A is for Autumn and A is for A G M, and at Camelford Floral Society the latter follows the first.

So the beginning of the evening was given over to reports, discussions and thanks, and the re-election of officers and committee en bloc, with the addition of Elaine Reynolds who will be our NAFAS Area Representative.

After a cup of tea the second half of the evening was a demonstration by Elaine Reynolds who created a pedestal arrangement. She took us through the steps of creating such a design from selecting the container, foliage and flower to building the shape and seeing the finished arrangement. The first five pieces of foliage give the basic structure; number 1 stands upright at the back, numbers 2 and 3 point downwards at either side, number 4 points out to the front and number 5 higher up facing forwards. Elaine then used trails of rubus (could have been ivy) to soften the skirt area. The floral material came next -

3 tall leucadendrons in descending height at the back, then large orange lilies, the tallest at the back, the next (shorter) and nearer the front, the third low down out to the front, then 3 bronze chrysanthemums also in descending heights. In an arc across from side to side went pale orange carnations. At the front, recessed, a large blue mophead hydrangea. To fill out the design Elaine used golden rod and deep-peach coloured alstroemerias. Finally the design was filled in with foliage. The triangular structure was kept and each flower had room to shine. It was beautiful. And we had all learnt the rules for constructing a pedestal arrangement.

Our next meeting will be at 7.30 pm on 6 November at Camelford Hall, Clease Road.

Visitors are always welcome.



CAMELFORD & DISTRICT BOWLING CLUB

Here we go folks! The winners of Camelford & District Bowling Club's 2013 club competitions, many of the recipients receiving their trophies at the Annual Dinner at Trethorne last Saturday the 5th of October.

The Fours Trophy (Mens Fours) - P. Buck, C. Parsons, M. Prout, G. Risdon

The Button Cup (Ladies Fours) - P. Hodge, E. Staple, M. Shillaber, M. Davis

The John Whiting Cup (Mixed Fours) - J. Griffiths, E. Lowe, R. Staple, N.

Wright

Tintagel Dairy Cup (Mens Triples) - F. Bennett, R. Staple, S. Hambly

The Trevia Cup (Ladies Triples) - K. Cato, J. Griffiths, M. Davis

Admiration Trophy - M. Shillaber, E. Cato, D. Johns

The Housego Trophy (Mens Pairs) - E. Cato, S. Steadman

The Percy Baker Trophy (Mixed Pairs) - P. Carter, G. Risdon

Ladies 2 Wood Single - J. Griffiths

The Dromedary Cup (Ladies 4 Wood Single) - M. Davis

The Lanteglos Cup (100 Up) - K. Davey

Jetwells Cup (Mens Single) - S. Hambly

Barbara Allen Cup - N. Wright

Club Member of the Year - V. Risdon

Congratulations to all winners!

REMEMBRANCE SERVICES

Sunday 10 November

10.45 am at the War Memorial

11.00 am Remembrance Service

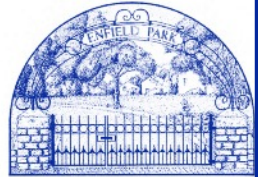
Monday 11 November

10.45 for 11 am - short Remembrance Service at Advent Church

10.45 for 11 am - short Remembrance Service at Camelford Methodist Church



The Forum



The Forum November meeting will be held on 20 November, 7 pm at Camelford Hall.

Bridget Sampson, Director of Commissioning and Controlled Drugs Accountable Officer, NHS England will be in attendance and will be able to discuss NHS Dentistry in Camelford.

All welcome.



CAMELFORD FOOTBALL CLUB

Camelford FC have two very attractive home South West Peninsula League Floodlit Fixtures in November.

On Friday 1 November we host Launceston FC and on Friday 22 November our opponents are Tavistock.

Both Games Kick Off at 7.30 and there will be Hot Refreshments available before and during the match.

If you haven't been before, come along! With Pre Match and Half Time music evening games have a great atmosphere.

Trefrew Park is a great place to meet friends and watch some of the top non league football in the South West.



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Drs Nash and Uglow - Patient Participation Group meeting of 18 September 2013

At this meeting the group discussed 'Data Extraction' in some detail and felt it important to raise local awareness about this and the reasons for it.

The system to extract data is being delivered by the Health and Social Care Information Centre and NHS England, on behalf of the NHS.

The stated aims for data extraction are to :

- *Find more effective ways of preventing, treating and managing illnesses*
- *Guide local decisions about changes needed to respond to the needs of local patients*
- *Support public health by anticipating risks of particular diseases and conditions, and help the NHS to take action to prevent problems*
- *Improve public understanding of the outcomes of care, giving confidence in health and care services*
- *Guide decisions about how to manage NHS resources and best support the treatment and management of illness for the benefit of patients*

Information taken from <http://www.england.nhs.uk/ourwork/tsd/care-data/>

At the meeting it was explained that :

- In common with all surgeries in the country data will be extracted from patient records in order to identify services that may be lacking or underused.
- NHS number, Date of Birth, Postcode and Gender will be used, but not the patient's name
- Clinical data will be extracted from the surgery computer system, using a system of codes to identify clinical conditions
- Information about prescriptions and types of referral will also be extracted
- The data will be stored at the Health and Social Care Information Centre, protected in a secure environment by the highest standards of information governance and technical expertise
- All patients are considered to be consenting to this unless the surgery is informed otherwise

For more information please go to the website shown above, or talk to your local surgery where posters are displayed and leaflets are available.

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THE CAFÉ

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OPENING 9/10 NOV NEW SHOW GARDEN

“Winter Wonderland” designed by Bradley Newton

This garden is being designed by Bradley Newton and will showcase the colours of winter with a festive twist. Sarah will be putting on her delicious high tea of homemade cakes, sandwiches and savoury tartlets. Tea will be available from 2 pm and Bradley Newton will give a talk on his garden at 3.30 pm, with the garden being officially opened at 4.

If you would like to come for the high tea we advise you to book as places are limited.

ALSO, GARDEN RECLAMATION ~ VINTAGE POTS, TOOLS AND PLANTERS

IT IS BARE ROOT SEASON!

Time to plant bare root fruit trees, hedging, ornamental trees and roses. A large selection available at great prices. Plus all the usual winter bedding, Cornish apple trees, shrubs and more ... Remember you can also come and wander round the Christmas tree field, choose your tree and have it freshly cut in December ~ wonderful.

More details on www.cedarcroftplants.co.uk

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STORIES FROM CEDARCROFT PLANTS



At Cedarcroft we have been busy with our second show garden *Winter Wonderland* which opens on the 9th and 10th of this

month, designed by Bradley Newton and accompanied by one of Sarah's delicious afternoon teas, not to be missed! Let's hope for a crisp dry November so we can get out and enjoy the last of the fabulous autumn colours. *(Photograph of Bradley Newton taken by Charles Francis and shown on the Cornwall Garden Society website)*

Jobs for the month:

Plant heathers and trailing ivy in pots for winter colour. Cut down faded stems on rudbeckia and Shasta daisies, to just above soil level. Finish planting tulips as soon as possible. Clear sweet peas and annual climbers from supports. Check variegated shrubs for plain green shoots and prune them away. Plant out wallflowers, forget-me-nots, pansies and other spring bedding. Clear away climbing beans, then pull up, clean and store away canes and supports. Plant new fruit trees and bushes. Pot up leafy herbs to bring on to a window sill and use in winter. Sow hardy varieties of broad beans and peas under cloches. Tidy strawberry beds, removing unwanted runners, old leaves and developing weeds.

Hints and tips: Weeds on gravel walks may be destroyed and prevented from growing again by a copious dressing of

the cheapest salt. This is a better method than hand-pulling, which disturbs the gravel and renders constant raking and rolling necessary. One application early in the season, and others as may be needed, while the weeds are small, will keep the walks clean and bright.

The Farm and Household Cyclopædia - circa 1888

THE CREATIVE ACTIVITY

Make a pine cone fat feeder: To make a pine cone fat feeder you can simply attach a pine cone to a piece of string and dip it into melted suet or fat, before rolling in wild birdseed. Alternatively, using a blunt or palette knife, apply a coating of peanut butter to the pine cone, again before rolling in wild birdseed. The pine cones can then be hung out or placed on the ground for ground feeding birds.



When you cut a cabbage, make two nicks crosswise on the top of the stump, and within a month or six weeks it will sprout again and give you a crop of tender greens. *Ministry of Agriculture Allotment and Garden Guide - June 1945* Good to remember: Lemon, rosemary and vanilla home deodorizer – let simmer all day, adding water when needed - house will smell great.

Wadebridge Foodbank and StoreHouse

We'd like to say a big Thank You to everyone who donates food and money to the Camelford Foodbank. The Foodbank helps local people in crisis in Bodmin, Camelford, Wadebridge and the surrounding rural areas by providing three days' worth of nutritionally balanced dried and tinned food. Food is given out in exchange for a voucher that is distributed by local statutory and voluntary organisations such as schools, doctors, churches etc. If you or some-one you know needs food, or you are a statutory or voluntary agency and want to hold vouchers or you would like to volunteer at the Camelford Foodbank, please contact us on 01208 815374.

We are delighted to announce that the Wadebridge Foodbank & Storehouse has been awarded a grant of £2,000 from the WREN Community Fund (Wadebridge Renewable Energy Network). We would like to thank everyone who voted for this project. This money will go towards helping local people in financial crisis, whether it's paying a bill or helping to fund a school uniform. We believe in helping people get back on their feet and giving them hope.

We receive such kind donations of money and food from the general public and local businesses which we are incredibly grateful for. We'd like to say a huge 'Thank You' to Tesco and all the generous donations of food from everyone. A fantastic 2.5 tonnes of food was collected in July. This has made a huge difference to our store cupboard! We recently received a generous donation of broken biscuits from Furniss which will be a welcome addition to the foodboxes. If you'd like to donate any food items please feel free to drop them into the Camelford Foodbank Drop-In open on Tuesday 2pm-4pm alternatively food can be dropped off at the Wadebridge Co-op or Tesco in Padstow or Wadebridge. We urgently need the following items; Tinned Meat, Sponge Puddings, Rice Pudding, Sugar, Milk and Jam. Why not pop into our Storehouse Shop in Wadebridge (located next to Julian Foye) for a browse, we have a variety of secondhand furniture, curtains, baby items and lots more. If you have any items you would like to donate please feel free to contact us, we are always really grateful and we also use your donations to help people in need in the local community.

We've recently welcomed a new member to the Wadebridge Foodbank & Storehouse Team, our



shiny new van. Thanks to a large grant and a number of fundraising events and a big thank you to Vospers of Truro, our new van has arrived and is invaluable to us in collecting and delivering foodboxes and furniture to people in crisis. We're currently running a competition to '**Name our Van**' why not pop in to the Storehouse Shop with your suggestion or drop us an email or comment on our Facebook page. The winner will receive a £20 Tesco voucher.

Why not 'Like' and 'Share' our Facebook Page and we'll keep you up-to-date with all our news and updates

www.facebook.com/WadebridgeFoodbankStoreHouse

**Wadebridge Foodbank & Storehouse, Bridgend,
Wadebridge PL27 6DA Tel. 01208 815374**

Registered Charity No. 1146404

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<p>Celebration <i>Living Life, Loving God.</i></p> <p>Sunday Nov' 10th, 10.30am</p> <p>Testimonies & sharing of Gods amazing goodness</p> <p>Sunday Dec' 1st, 10.30am.</p> <p>Relevant worship, teaching & ministry</p> <p>Venue: West-End, Sir James Smith School, Camelford. (Parking in Coach Park next to Sports Centre)</p>	<p>A L L W E L C O M E</p>	<p><i>Also: Regular but informal times of friendship, family, meals together, worship & teaching in local homes.</i></p> <p><i>"Enjoying the friendship of JESUS"</i></p> <p>For more info' call: Joan Keating: 01840 212602 Ken & Hilda Macleod 01840 213200</p>
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CAMELFORD LIBRARY

Camelford Library holds a
Storytime Session
every Tuesday 2.00 - 2.30pm,
aimed at pre-school children.

This runs all through the school
holidays as well, so older children
are welcome if they turn up.

North Cornwall National Trust Association

Monday 11 November 2013 at 10.00 am

“Putting Lanhydrock to Bed”



Paul Holden has offered to give us a tour of this magnificent house when the doors are closed to the public for the winter. We will be privileged to see how the house is given a good cleaning and the furniture polished before covering up for the house's hibernation period. If you think that once the public has gone the house just sits still waiting for next year, come and learn what goes on in the closed period. I can assure you that you will be amazed at what happens behind those shut doors.

After the tour a lunch has been arranged.

Tickets £14 each (includes 2 course Lunch)

Saturday 16 November 2013

7.30 pm at Wadebridge Town Hall



**Wadebridge Male
Voice Choir
and
Moor Harmony**



Tickets £9.50 each, to include refreshments

For more information phone John and Barbara Hough on 01840 212882

Non members are always welcome to join us



**You are invited to a
Coffee Morning
In aid of
Save the Children
on**



**Friday 22 November, from 10 am
at 14 Bowood, Lanteglos**

**Bring & Buy ... Raffle ... Cake Stall ... Book Stall
Christmas Cards etc**

All are welcome - please do come along

**Save the Children changes children's lives in 120 countries
across the world, including the UK**

SNIPPETS FROM SIR JIM'S

THERE is a fresh, new, high-tech look to break and lunch-times at Sir James Smith's School this term – via a combination of the installation of a cashless catering system and a newly-appointed catering company.

The cashless catering system allows for online payments and top-ups from revaluation machines at the Camelford school. Thumbprint technology is also applied to reduce queues and cut down on the need for students to carry Money around with them.

Along with the system going 'live' at the start of the new academic year, the school also welcomed catering company which specialises in providing meals for educational establishments nationwide, and aims to serve fresh, locally-sourced food that is cooked in the kitchen at Sir Jim's. They were chosen after a highly-competitive tendering process. Students' feedback on the new-look mealtimes has been very positive, with plans for further improvements in the pipeline.

YEAR 11 student, Kyle Walsingham, uses the quick 'thumbprint' cashless system at the till, manned by Kirsty Till.



Old Cornwall Society Camelford



Our chairman, Philip Lessels began the October meeting by welcoming 37 members and friends.

Our speaker for the evening was Mr Ivor Corkell and his presentation was Our Cornish Heritage in Photographs. He explained that in 1999 all Britain's 368,000 listed buildings were to be recorded, with photographs where possible, so there would be a record for all time. He was one of the volunteers to help and had numerous buildings to find and photograph in Cornwall. Surprisingly Camelford has 62 Grade 2 listed buildings. It is worth noting though that not all listed buildings are cottages or churches. Others include bridges, milestones, fish ponds, lavatories and pig sties!

Armed with his camera, tripod and various equipment including a shovel, he set forth. We were sometimes quite amused at the lengths Ivor went to in order to take an acceptable photograph. He told of some of the people he met and showed us some of the beautiful places he went to.

The record was completed in 2005 and is kept at English Heritage National Monument in Swindon.

Ivor was an excellent speaker who is clearly passionate about Cornwall and has a vast knowledge of our county and its heritage.

Margaret Mabson expressed our thanks to Ivor for such a splendid evening. We concluded with refreshments and a raffle.

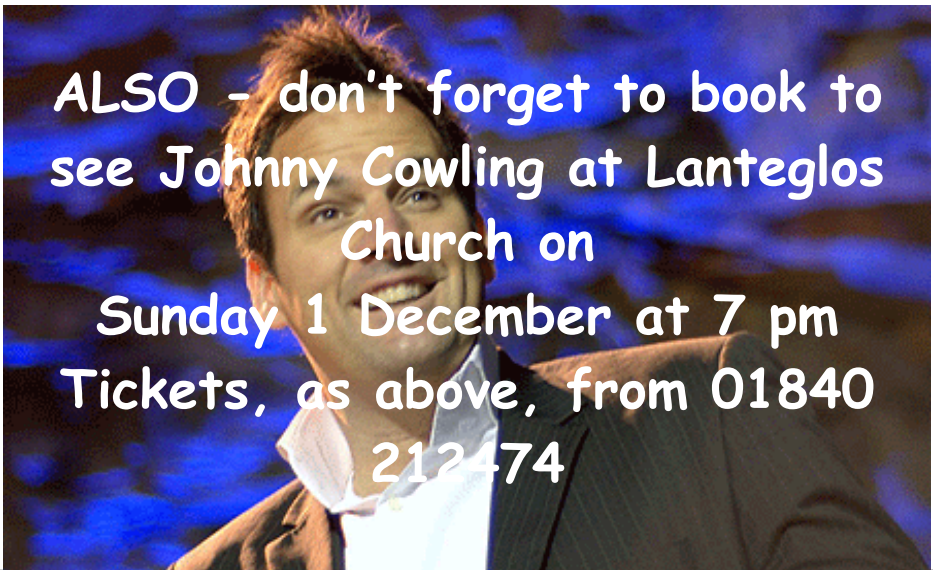
Colin Roscorla will be the speaker at our next meeting on 11 November at Camelford Hall, The Clease at 7.30 pm. He will give a talk on St Columb Hurling and all members of the public are welcome to come along (non-members £2).





SAFARI SUPPER
starting at Lanteglos Church
at
6 pm on Saturday 2 November
**TICKETS £12.50 from 01840
212474**

Both events to raise funds for roof work at Lanteglos



**ALSO - don't forget to book to
see Johnny Cowling at Lanteglos
Church on
Sunday 1 December at 7 pm
Tickets, as above, from 01840
212474**



News from Camelford Town Council

It is with sadness that we have to announce the retirement of our town clerk Marian Sedgwick. We would like to thank her for all her hard work and wish her good luck for the future. Marian will stay with us until we find a suitable replacement.

Notices will be up by now regarding the monthly tea club which has been organised by Councillors Lessels and Harris - check the notice boards for this.

The hanging baskets and flower tubs around the town centre this year looked magnificent; anything we can do to make the town more pleasing to the eye and encourage people to stop and shop will help the town to prosper. Well done everyone.

The relining of Churchfield Car Park will take place as soon as the two collapsed walls have been repaired. We are aware that Churchfield Car Park has been a contentious issue for some time; zoning it will make it more accessible for everyone. The council will be working closely with the Town Team and Highways to improve the signage on the approaches to the town and in the town itself.

Next spring should see the entrances to the town festooned with daffodils and crocuses. Volunteers are needed to help with the planting, if you would like to help please contact the office.

News in Brief

- Application to build large wind turbines on Davistow Moor rejected
- Students from Cornwall College to carry out pond maintenance 6 November
- Christmas lights switched on on 30 November followed by fireworks
- Two events for next year are in the early stages of planning

AFTERNOON TEA CLUB

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from 3.15 pm until 5.15 pm

starting on 18 November 2013

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"Chat or just listen"

A Camelford Town Council initiative

Meet new
people

Share
experiences

FIREWORKS AND LIGHTS

SATURDAY 30 NOVEMBER

6.00 pm meet in Cleave Car Park for
Lantern Procession led by
Camelford Town Band. With
stops to sing carols

7.00 pm at entrance to Enfield Park for
turning on of Christmas Lights

7.30 pm Grand Fireworks Display

Late night shopping, Santa's Grotto under the Masons archway, hog roast, have
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CAMELFORD STINGERS MINI TRIATHLON

On Sunday 29th September Camelford Stingers Swimming Club, in conjunction with Camelford Leisure Centre Limited and the Friends of Camelford Leisure Centre, held a Mini Triathlon for children ages 5-13yr: old. The aim of the triathlon was to encourage fitness amongst children and to introduce them to the sport; it is intended that it will become an annual event. The children were warmed up by Marie with her Jump Around Dance Crew and everyone was fed by The Friends of Camelford Leisure Centre from kind donations of food and beverages.

Each child received a medal and the first three in each age group were presented with a Handmade Glass Trophy kindly donated by Jo Downs as a sponsor of the event.

Well done to the 60 competitors who took part. Below are the results of the first 3 in each category;

Mini girls 1st Carlin Keaney, 2nd Sky Bowden-Inoue, 3rd Fraya Miller
Mini boys 1st Thomas Kearney, 2nd Reen Bowden Inoue, 3rd Joe James
Mega Girls 1st Lucy Steven, 2nd Gabriella Guleathead, 3rd Grace James
Mega Boy 1st Olly Taylor, 2nd Marlow Downs, 3rd Logan Chatterjea
Mighty Girls 1st Rosey Morey, 2nd Nicole Farrell, 3rd Bethany Chapman
Mighty Boys 1st Tom Taylor, 2nd Zico Weir-Minns, 3rd Lewis Bradley

The event organisers wish to acknowledge the kind donations made by Reg Hamley Insurance, Dairy Crest Western Supply and Camelford Co-op, as well as the many people who baked cakes and contributed prize: to the tombola. They are also grateful to Sir James Smith's School for the use of the school grounds, to the many volunteers who marshaled the course and to Dr Elin Davis for the voluntary medical support, should it have been needed!

We would like to thank all the competitors and parents for making this event so successful. Children came as far as Oxfordshire, Truro, Newquay, Bude as well as the locals surrounding areas. Here are just a few comments made by the parents and children. "We loved it and really love our real medals". A HUGE thank you to all the team for a fab first triathlon! Two happy, tired children". "The Mini triathlon was great, so well organised". "You were ALL BRILLIANT both competitors, marshals, volunteers, everyone. Special thank to the organisers. I am so proud of Emily for taking part". "What a fantastic event! Massive well done and congratulations to everyone for such a great day, the kids loved every minute".

Monies raised at the event £685.55 will help fund The Leisure Centre and Camelford Stingers ASC.



The competitors **Mini Girls**; 1 Caitlin Keaney, 2 Sky Bowden-Inoue, 3 Fraya Miller, 4 Olive Hamilton, 5 Boe Minns, 6 Alice Henderson, 7 Lucy Fox, 8 Leah Murray, 9 Mollie Ransom, 10 Charlie-Anne Marshal, 11 Georgi Dalglish 12 Tigs Dickson, 13 Ruby Coleman, 14 Megan Provis, 15 Delilah Minns, 16 River Tinkler, 17 Olive Davis. **Mini Boys**, 1 Thomas Keaney, 2 Reen Bowden-Inoue, 3 Joe James, 4 George Henderson 5 Bodhi Van Der Linden 6 Milo Dowling, 7 Charlie Satchel, 8 Raffael Coats-Apeu, 9 Ned Davis, 10 Tommy-Scott Marshal, 11 Beau Ransom, 12 Dylan Jordan-Shilling, 13 Harry Harland. **Mega Girls**; 1 Lucy Steven, 2 Gabriella Guleathead, 3 Grace James, 4 Ella Henry-Brock, 5 Keira Hillson, 6 Myah Smith, 7 Tia Van Der Linden, 8 Millie Holidge, 9 Alice Chanter, 10 Jessica Beckford, 11 Phoebe Jordan-Shilling, 12 BillieMurray, 13 Emily Hawkins. **Mega Boys**; 1 Olly Taylor, 2 Marlow Downs, 3 Logan Chatterjea, 4 Ewan Fox, 5 Matthew Chapman, 6 Finn Prior, 7 Owen Newport, 8 Harry Provis, 9 Harvey Jeskins, 10 Xavier Booth. **Mighty Boys**; 1 Tom Taylor, 2 Zico Weir-Minns, 3 Lewis Bradley, Gregory Wilmott. **Mighty Girls**; 1 RosieMorey, 2 Nicole Farrell, 3 BethanyChapman.

A METHODIST MINISTER'S VIEW

When I drive along Trefrew Road into Camelford I am always struck by an image that has been painted on the wall of a building on the right hand side. The image is that of a clock dial with a poppy in the centre with the clock hands showing 11 O'clock. In fact the figure 11 is painted in a different colour for emphasis. Underneath the image are the words 'Lest we forget'.

At the time that I am writing this article the stage play 'War Horse' is running in the Theatre Royal, Plymouth to sell out audiences at the beginning of a nationwide tour. Knowing this I took our paperback book of the story off the shelf and thumbed the pages. I was interested that in his author's notes Michael Morpurgo states that the story was written in order that people will not forget the horse and the people who were involved with him ' nor the war they lived and died in'.



When we think of the first Armistice Day our minds go back to the First World War of 1914 – 1918, which was the setting for the 'War Horse' story, during which many people died or were injured. However since that time our nation has experienced the Second World War and other periods of conflict in which there have been horrific deaths and injuries, with many people still suffering the physical and mental consequences. Through watching televised news and documentary programmes we can all recall examples.

In differing ways in all of our principal communities there will be Acts of Remembrance on Sunday November 10th, and on Monday, November 11th . I think that it is important for all of us to share in these occasions and hear again the words 'Lest we forget'. Through sharing in the varying acts of Remembrance we can remember with thanksgiving the Service of those who have served in the different conflicts over the years, but also look to the future as we pray for World Peace.

At Services of Remembrance we often hear the words of Jesus, which we know as the Beatitudes, from Matthew Chapter 5 verses 1 – 12 being read. All of the ten statements are positive statements for daily living. As we share in Remembrance of times of War the seventh statement is the poignant one which challenges us all to be peace-makers and protagonists of peaceful living it reads – 'Happy are those who work for peace; God will call them his children'.

We are challenged to be people living at peace with each other and advocates of peace-making and peace seeking ways at all levels of Society. Quite a thought.

Every blessing,


Bryan Ede

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LATEST OTTERHAM AND ST JULIOT CALENDAR



Sunday, 15th September, saw the Otterham & St Juliot Hall, Marshgate, stage its sixth annual Photo Exhibition which proved to be another success despite the foul weather that was thrown at us from midday! The visitors to the exhibition were invited to nominate their five favourites from the photos displayed, the result of which was used to help find photos for a 2014 calendar.

We are very grateful to the many hardy souls who turned out on such a miserable afternoon to view the photos, vote for their favourites and enjoy some refreshments and a chat, also to Barclays Bank which matches the funds raised from the exhibition and sales of the calendar.

The photo judged to be the overall winner was a very atmospheric one taken by Dave Bell depicting a man and his dog in the river at Boscastle (above). Dave also had the runner-up photo with an unusual study of Trebarwith Strand early one morning in May.

The next in line was by Mike Pettett, winner of the past couple of years' calendar competitions, with a dramatic one of Roughton in the snow – guess which page of the calendar will feature this shot? Because he had the first and second placed photos Dave has the first prize and Mike the second.

The calendar is available to purchase from Boscastle Farm Shop, Marshgate Stores, The Horseshoe in Tresparrett, selected events at the Hall and through the Hall's website, www.otterhamandstjuliothall.org.

DID YOU KNOW?

CAMELFORD CORN MILL

If you walk right to the end of Enfield Park and look up the river you will see a small waterfall. On old maps this is marked as a weir with a sluice gate. This was where the water was taken from the river for the corn mill leat that goes down the western edge of the park. As you stand there, look ahead to the left and you will see a horizontal gap between large stone blocks. This is where the bank of the leat was taken down or washed away to leave the pool as it is today.

Now the leat is blocked off next to the pool and relies on water from springs and land drainage along its length. There is a pipe at this top end that comes down from Hodges Ground, but not much water flows out of it now. However, maps from the late 19th century mark a spring that must have fed the leat and which can still be seen today where it flows down a waterfall and under a foot bridge into the river. Water from the leat now feeds the pond, while the rest of the leat has been filled in all the way down to Camelford.

There were 3 further sluice gates along the length of the leat and as it approached the mill the leat is marked on old maps as a 'mill race.' The miller's house was on the corner of Mill Lane where the Be Green shop is now and next to it up the lane is where the corn mill was. If you look at the side of this house from the road you will see an area that is slightly set back and is now has a window in it. This is where the over-shot waterwheel was and until recently it was possible to see where the wheel had rubbed a mark on the side of the wall.

Any sign of the leat has now been removed at the bottom end near the mill, but it came along the edge of the garden belonging to the neighbouring property up the hill about 8 feet high from the ground. An over-shot waterwheel is about 3 times more efficient than an under-shot wheel and it does not need a fast flow to make it work.

Camelford's position in the bottom of a valley meant that no complicated engineering works were necessary to get the water up high enough to power the over-shot wheel.

The mill is thought to have closed in the 1940s and it is interesting that you can still see the cast iron cover in the pavement just past the miller's house where the water went after powering the corn mill. Although there are several covers in the pavement, there is only one that is placed diagonally in the direction that the mill water used to flow back into the River Camel. Have a look!

This is the first of occasional pieces on Camelford in the past from John Pearce.



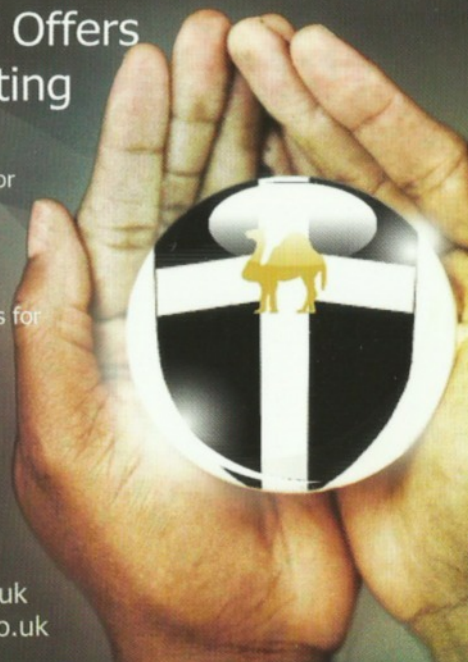
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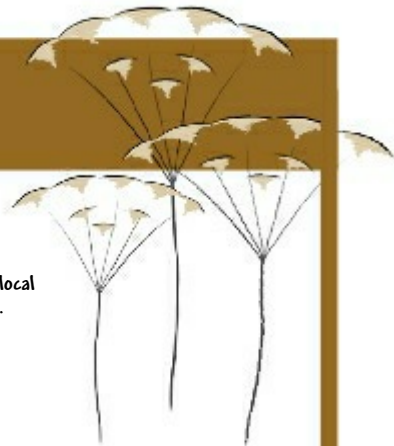
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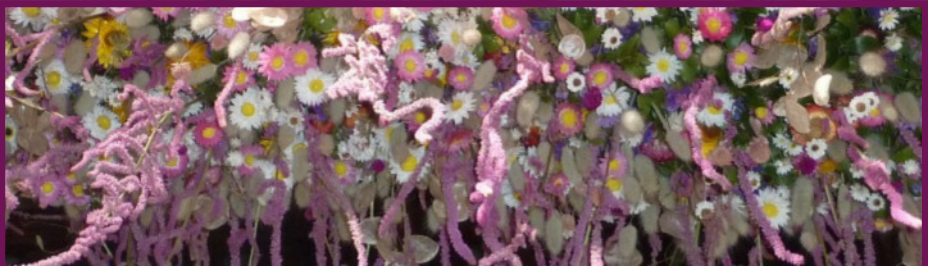
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MAKING A GARLAND

The flowers for this garland have been grown locally, dried locally and are now being wired for use in the garland.

On 29th and 30th November the garland will be assembled in Camelford Methodist Church where it will be displayed. Why not come and join us in this exciting project, inspired by the superb garland at Cotehele.

Val Bluett at St Breward Church

From 10.30 - 12.30 on Saturday 9th November Val will be at St Breward Church demonstrating how to make Christmas Trees and other things from natural materials



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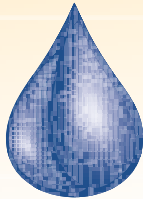


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“Harbour Happenings”

November brings more special visitors and more exciting events to Souls Harbour!

A dear friend of Camelford for many years, Pastor Dale Dailey, a preacher and singer/musician from Texas, will be with us for a week. He'll be speaking and singing on Wednesday, 7 November at 7.30pm and preaching on Sunday, 10 November at 10.45am. Just a week later, Souls Harbour will be celebrating our 26th birthday!

In honour of this occasion, Vince Williams will be joining us for a weekend of ministry and will be preaching on Sunday, 17 November at 10.45am and 6pm. A former boxer, he now pastors a church in Lakenheath, Cambridgeshire and regularly ministers in the Middle East. Both of these men are powerful communicators using humour and personal experiences. We hope you'll join us to make them feel welcome and to hear their stories.

The Solid Rock teen cafe and kids club were closed over the half-term holidays for a brief break for staff. However, as school has resumed, so has our plethora of activities for your children. Our FREE weekly Xbi children's club from 6.30pm to 7.30pm meets at the church and is for children ages 5-11. You may have noticed Xbi's "Finding Nemo" float in the recent Camelford Carnival! As is evident, the children who come along to the club have loads of fun and all in a safe, positive environment.

The Solid Rock youth cafe is open Fridays from 5.30pm to 10pm. The cafe serves up fast food until 8pm and the tuck shop is open until the cafe closes at 10pm. With the latest in video gaming, internet, pool and table tennis, there is always plenty for teens to do at the Solid Rock.

We hope you enjoy reading about the 'happenings' at Souls Harbour each month, and that you'll consider joining us sometime. Souls Harbour Church is located on Cleave Car Park in Camelford (PL32 9QX).

For more information, visit www.SoulsHarbour.com, email office@soulsharbour.com, call 01840 211258 or find us on Facebook at www.facebook.com/soulsharbour.

THE CAMELFORDIAN

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Camelford Hall Chairman	John Pearce	01840 212665
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